

From the Principal

Chanel life has been full of new experiences for our Year 7 and 8 students. There has been the excitement of moving around the school and having a new teacher every 50 minutes, lessons in specialist areas such as science labs, design and technology areas and the hospitality kitchens, learning to use a locker and of course access to the tuckshop every day. I have enjoyed hearing their stories about what they are enjoying about Chanel so far — even getting lost going to class can be an adventure! I know that there is a great sense of anticipation regarding our upcoming swimming

carnival tomorrow.

Making friends can be one of the challenges for our new students. It has been lovely watching the younger students playing games on the oval with the older students. In speaking with parents, I have heard great stories about how the Year 11 and 12 Buddies have been assisting the Year 7 and 8 students to settle in. Watching all of these new friendships develop is one of the special things about our wonderful school.



I recently read an article where some school students were asked for their advice about making new friends in a new school and here are some of their good ideas:

- · Be nice to everyone.
- · Talk to people and make them laugh.
- · Ask to play with people.
- · If you want to have friends, be friendly.
- · It's easy if you just get to know one person at a time. It's harder to go into a big group.
- · Don't try to show off; just be yourself.
- You will feel a bit strange at first, but just go slowly getting to know people, and join in groups or clubs.
- · Other kids might be feeling a bit lonely too so talk to them.
- The best thing to do is answer questions and make suggestions in class and be a happy person to have around, then people might want to be your friend.

One of the favourite songs that our students like to sing during Masses and Liturgies is Jesus You Are My Best Friend. The chorus of this song says Jesus You Are My Best Friend and you will always be and nothing will ever change that. With the busyness of the start of the school year, it is good for all of us to remember that Jesus is our best friend – a friend that will always listen to us and walks gently with us each and every day.

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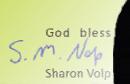
Student Absentee Hotline: 4973 4791

P and F Meeting

I would like to invite all members of the Chanel Community to attend our first P and F Meeting for the year on Wednesday 18 February from 5.30 -6.30 pm. The meeting will be held in the College Office. Our P and F is not a fund raising committee; however it does make important decisions about how to spend the P and F levies that families pay each year. Please come along and hear about our Master Plan building program for this vear.

Student Free Day

Monday 16 February will be a student free day due to the Bishop's In-service Day. This important annual event provides the opportunity for the staff from Chanel to join with the staff from Star of the Sea, St John's, St Francis and the Parish. Please note that the College Office will be closed on this day.





Good News

Kath Hore - Mission & RE Support Officer

Year 7 and Year 8 Retreat

Year 7 and Year 8 Students will be attending a Retreat Day at St Patrick's Catholic Church, Calliope during Weeks 4 and 5. This retreat gives students an opportunity to reflect on changes and constants in their life as they transition to high school.

Bishop's In-Service Day

On Monday 16 February, Chanel Staff will join staff from other Catholic Schools in our area and people involved in Parish Ministries to reflect with our Bishop and invited speakers.

The theme for this year is "Evangelisation: Changing Hearts, changing minds, changing lives".

Shrove Tuesday

MacKillop 3 with Ms Ord will be cooking and selling pancakes before school next Tuesday 17 February. Pancakes will be on sale from 7.45 am in Lavalla Court.

A delicious breakfast for your children to begin the day with fresh homemade pancakes!

Ash Wednesday Liturgies

Next Wednesday students will lead House Liturgies for Ash Wednesday, a wonderful way to commence the Lenten Season. Lent is a time in the College year where we are encouraged to think of and remember those in our world who are in need, where we might give up some luxury as an act of solidarity with those people, or even, 'take up' some sort of cause which might make a difference in someone's world..

Please Pray for ...

- · Civilians in Middle Eastern countries as the political unrest continues to cause pain and suffering.
- Our newly elected politicians that they will provide a just and stable government.
- Our students as they participate and support each other in the swimming carnival, camps and retreats.
- People to be open and generous to Project Compassion.

Praise and Thanks for...

- Civilians and defence personnel working to rebuild lives and to bring peace, unity and justice in many parts of the world.
- Staff who so willing give up their time for students to participate in many activities offered at Chanel.
- Many generous donations of uniforms – sold to raise funds to help disadvantaged children gain an education.

If you have any requests for either of the above prayers, please leave your request at the Office.

Project Compassion

This Appeal begins on Ash Wednesday, 18 February. As well as raising awareness to the work of Caritas, each Pastoral Care Group contributes financially to Project Compassion and we are very successful as a whole community in supporting this. Please encourage your child to contribute to this Appeal which supports aid and development programs around the world and helps to build a better life for the poorest of the poor. To begin project Compassion Marcelin 3 and Futuna 5 Pastoral Care Groups will be organising Lenten Rice Day on Ash Wednesday. In this very small way we are attempting to "walk in the shoes" of those people in poverty who do not enjoy the privileges that we take for granted and to promote an awareness of their position in life. Please encourage your child to participate fully in this activity.

Second Hand Uniform Outlet

The Second Hand Uniform 'outlet' is open each Wednesday in the RE Resource Room during the first break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass

Ms Dyer's Year 11 SOR Class - Thursday 19 February

Mass is celebrated in the College Chapel at 10.40 am each Thursday. ALL WELCOME

Message from the Assistant Principal Pastoral Care - Alison Wales

a night for parents

Raising Teens in a Hyper-Sexualized Society



Monday 9 March

6:30 pm - 8.00 pm Marian Centre

RSVP: Friday 6 March 2015 Vicki Crick 4973 4700 Vicki_Crick@rok.catholic.edu.au Chanel College Office

Teens are Facing REAL ISSUES. Parents need answers.

At a time where parents can feel **overwhelmed** and powerless to address issues such as sex, dating, relationships and pornography there is a **huge amount parents can do**.

This parents night aims to address the intimate questions that parents have while **empowering** them to be an **influential presence** in their children's lives.

- The major challenges young men and women are facing.
- The truth behind media, marketing and advertising and how it can affect young people.
- Sexting, apps and the online world; the secrets parents need to know.
- Pornography; what you need to know as a parent
- The effects of poor sexual decision making.
- Rites of passage; your sons and daughters journey to adulthood.
- How to parent your child through a sexually saturated society.

did you know?

The average age of a young persons first exposure to pornography is 11 years of age

1 in 5 young people struggle with an eating disorder

54% of students reported receiving a sexually explicit text message

26% reported sending a sexually explicit text message

YOURCHOICEZ Students Parents Teachers

- **@**urchoicez
- facebook.com/davidandkatiekobler
- au/linkedin.com/in/davidkobler
- www.yourchoicez.com.au
- info@yourchoicez.com.au

#teenBRAVE



Sporting news Kylie Kickbusch Sports Program Leader

Swimming Carnival

This Friday 13 February is the Inter-House swimming carnival. Students are reminded of the dress code: House shirt, Wide Brimmed hat, shorts (swimming shorts or college sport shorts) and footwear (thongs are acceptable). It will be a day full of fun, competition and healthy House rivalry.

Pool is open at 8.30 am

Carnival concludes at 3.00 pm

Students to be dropped off and picked up from the Pool.

Fundraising BBQ for Chanel Sporting Teams

A number of students gave up their time on the weekend of the election to help man and serve at our BBQ tent to raise money for some of the College Sporting tour teams (QISSN Netball, Confraternity Rugby League). These students cooked, served, set-up and sung the voters throughout the day and won many fans with their positive and helpful attitudes. Thank you to all the students and staff who assisted on the day. The money will be used to help reduce the cost of travel for each of the teams.



Inter-House Volleyball

Weeks 4 and 5 will be the start of the Inter-House sporting competitions.

Volleyball is the first sport on the table, with Year 10, 11 and 12 students getting first crack at the competition. This will be a perfect way to continue the House spirit and rivalry built up from the swimming carnival. Students have been given team nomination forms in there PC rolls. Teams must be from the same house, but can be made up of students from any of their House Pastoral Care classes. Tuesday is the first day of games, so bring on the volleyball, those fluky shots, the heart-in-your-mouth rallies and all-round good

time.

Jaylyn makes U16 Capra's Squad

Jaylyn Tanoitiaola in Year 11 has been selected in the u16 Central QLD Capra's squad. He and his family have been making the weekly trip up to Rockhampton for training and games. This is a big commitment to be made and we congratulate Jaylyn on this fantastic achievement. We wish Jaylyn all the best for the rest of the season, football is his passion and this could be the start of an exciting season for him.



Wednesday 18 February LENTEN FOR LENT CHANGES LIVES FOR LIFE TOTAL OF THE PROPERTY CHANGES LIVES FOR LIFE TOTAL OF THE PROPERTY CHANGES LIVES TOTAL OF THE

In solidarity to support the poorest peoples of the world and to try to understand their situation a little better, the tuckshop will be selling only **rice** for 50c per cup.

All money raised will go to Project Compassion Appeal. In the spirit of the day no fast food eg McDonalds is to be delivered to students.

Any donations of white rice to Marcellin 3 or Futuna 5 before Tuesday 17 February would be greatly appreciated.



STELLA MARIS

Stella Maris students have had their creative thinking caps (or sombreros) on for an inter-PC challenge this week. Each PC group decorated a sombrero to promote sunsafety and were encouraged to incorporate into their design, the theme for this year's swimming carnival, Underwater. SM1 were the successful winners with their creation of a 'volcanic island sombrero' and demonstrated a live eruption on the Stella balcony. Congratulations to all in SM1 and a very big thank you to our guest judge Ms Merrin Cale.





Year 12 organising the Valentines Day Celebrations



Opening Mass



Notices

MUSIC ENSEMBLES Jehourisal HAVE STARTED

Monday: 11.00 am - 11.30 am String Ensemble - Music Room

Monday: 3.30 pm - 4.45 pm Concert Band - Marian Centre

Tuesday: 7.30 am - 8.30 am Choir - Music Room

Wednesday: 7.30 am - 8.30 am Woodwind - Music Room

Friday: 11.00 am - 11.30 am Drumline - Music Room

Any enquiries to Mrs Jo Sheather Email: JoAnne_Sheather@rok.catholic.edu.au

ATTENTION PARENTS

When paying your School Fees, please use your new numeric code. Do not use the College account for anything other than paying School Fees.

Finance Officer:

Leigh Clarke

Phone: 4973 0711

Email:

finance@chanelcollege.qld.edu.au

SHOP

PLEASE NOTE

New Hours for the Uniform Shop

Monday: 8.15 am - 11.15 am

Wednesday: 8.15 am - 11.15 am

Orders can be left at the College Office outside these hours.

Michelle Overend

UNIFORM

Mon 23 February

Week 5

Year 11 & 12 Study Day

Tue 24 February

• Year 7 Retreat Core Group D

upcoming

events

Mon 16 February Student Free Day • Bishops's In-Service Day

Tue 17 February

House Assemblies

Wed 18 February

Lenten Rice Day

Ash Wednesday House

• P & F Meeting 5.30 pm

• Year 8 Retreat Core Group A

Year 8 Retreat Core Group C

• Year 7 Parents Wine & Cheese

Thur 19 February

Year 7 Social 6.30 pm

Fri 20 February

Evening 6.30 pm

Year 8 Retreat Core Group B

• Shrove Tuesday - Pancake Day

Week 4

Liturgies

Whole School Assembly

Wed 25 February

Year 7 Retreat Core Group C

Thur 26 February

• Year 7 Retreat Core Group A

Fri 27 February

- Year 7 Retreat Core Group B
- Trash Fash
- Year 8 Parents Wine & Cheese Evening 6.30 pm
- Year 8 Social 6.30 pm

Week 6

Mon 2 March

House Assemblies

Tue 3 March

• Student Representative **Meeting - First Break**

Wed 4 March

Chanel Board Meeting 5.30 pm

Uniform Shop Manager

Ph: 4973 4705

STUDENT ACCESS CENTRE

Do you need help with **Assignments? Homework? Careers?**

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces.

HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Contact Chanel College's:

Inclusive Curriculum Coordinator: Mrs Robyn Jurd 4973 4739

Career Officer: Ms Cale on 4973 4738